

Journey to the Promise: Delivered in Power: God's Provision, Healing, and Favor

Dr. John Carmichael

[Psa 105:37 NASB95] 37 Then He brought them out with silver and gold, And among His tribes there was not one who stumbled.

- It isn't going to happen overnight. Obtaining the promises of God takes time.
 - Note: OT serves as an example for NT believers to imitate. [Heb 6:11-12 NASB95] 11 And we desire that each one of you show the same diligence so as to realize the full assurance of hope until the end, 12 so that you will not be sluggish, but imitators of those who through faith and patience inherit the promises.
- For the next several weeks we are going to examine various aspects of what Israel did on their journey to the promised land. We will see timeless truths that apply to Christians today.
- In Psalm 105:37, we see the condition of the people of Israel as they were miraculously delivered from Egypt and began their journey.

In Psalm 105:38, what does God want us to know about His workings in our lives?

Here are three specific lessons from Ps. 105:37 that God wants to do in our lives as we begin the journey.

I. God Brings His People Out With Provision

- a. "Then He brought them out with silver and gold . . ."
- b. The psalmist recalls the Exodus event when Israel left Egypt, not as beggars, but blessed with wealth (Exodus 12:35–36). This was a divine reversal—slaves walked out like royalty! God didn't just free them; He ensured they lacked nothing as they began their journey.
 - i. [Exo 12:35-36 NASB95] 35 Now the sons of Israel had done according to the word of Moses, for they had requested from the Egyptians articles of silver and articles of gold, and clothing; 36 and the LORD had given the people favor in the sight of the Egyptians, so that they let them have their request. Thus they plundered the Egyptians.
- c. [Deu 8:18 NASB95] 18 "But you shall remember the LORD your God, for it is He who is giving you power to make wealth, that He may confirm His covenant which He swore to your fathers, as [it is] this day.
- d. Just as God provided for Israel materially, the Holy Spirit empowers us today to walk in provision—not as paupers but as kingdom sons and daughters.
- e. [Mar 10:29-30 NASB95] 29 Jesus said, "Truly I say to you, there is no one who has left house or brothers or sisters or mother or father or children or farms, for My sake and for the gospel's sake, 30 but that he will receive a hundred times as much now in the present age, houses and brothers and sisters and mothers and children and farms, along with persecutions; and in the age to come, eternal life.
 - i. Lack nothing. [Luk 22:35-36 NASB95] 35 And He said to them, "When I sent you out without money belt and bag and sandals, you did not lack anything, did you?" They said, "[No,] nothing." 36 And He said to them, "But now, whoever has a money belt is to take it along, likewise also a bag, and whoever has no sword is to sell his coat and buy one.
- f. Provision follows purpose. God funds His assignments!

II. God Brings His People Out With Power and Health

- a. ". . . and among His tribes there was not one who stumbled."

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- b. Imagine over two million people leaving Egypt, and not one was sick or weak? That's supernatural! This was not natural strength—it was divine healing and preservation. The same God who passed over with judgment, passed through with healing.
- c. [Exo 15:26 NASB95] 26 And He said, "If you will give earnest heed to the voice of the LORD your God, and do what is right in His sight, and give ear to His commandments, and keep all His statutes, I will put none of the diseases on you which I have put on the Egyptians; for I, the LORD, am your healer."
- d. Healing is not just an Old Testament shadow—it's a New Covenant reality. Jesus paid for our healing at the cross.
- e. We are not a weak, limping church—we are a Spirit-filled, whole, and walking in divine health people!

III. God Brings His People Out With Purpose and Favor

- a. Implied in the verse's context—this wasn't random, it was prophetic.
 - b. God's deliverance wasn't just to get Israel out of slavery—it was to get them into destiny.
 - c. The plunder of Egypt and their supernatural health were preparations for worship, covenant, and conquest. Favor opened doors for their future.
 - d. [Psa 84:11 NASB95] 11 For the LORD God is a sun and shield; The LORD gives grace and glory; No good thing does He withhold from those who walk uprightly.
 - e. We are not just saved to sit—we're saved to serve and advance God's kingdom.
 - i. [Eph 2:10 NASB95] 10 For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.
 - f. The favor God gave the Israelites wasn't random. The plundering of Egypt (Exodus 12:35–36) and their divine health were not just for comfort—they were strategic and prophetic. God had a plan: to form a holy nation, give them His law, establish covenant worship, and ultimately bring forth the Messiah.
 - g. Their wealth wasn't just for survival—it was for the construction of the tabernacle (Exodus 25:1–8). Their healing wasn't just for strength—it was to sustain them through the wilderness and prepare them to conquer the Promised Land.
 - h. In other words, they were blessed to build. God brought them out with purpose.
 - i. Divine favor is on us for impact, not just comfort. When God brings you out, He brings you out for something greater.
 - i. Prophetic Declaration: "God didn't just bring me out—He's bringing me into something greater. He's setting me up to possess territory, to disciple nations, and to display His glory."
- **As you begin your journey, know that God wants the same Spirit who brought them out with wealth, health, and favor now move in your life today!**
 - **You're not just saved to sit—you're saved to build, to lead, to worship, to witness, and to war in the Spirit.**