#### Let's Start Something Pastor John Carmichael

• Your words are starting processes in your life. How do we start good and intentional change in our lives? Words.

# What do we need to know about using our words to change our lives?

We will present a beginning foundation of the words of your mouth and 7 practical ways to walk this out every day.

### I. A beginning foundation of the words of your mouth.

- a. Genesis 2:7
  - i. [Gen 2:7 NASB95] 7 Then the LORD God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being.
  - ii. Essence of humanity. This is what we became. "Living being." LSB "living soul."
  - iii. Targum Onkelos and Targum Jonathan "discoursing spirit" or "speaking spirit."
  - iv. Up to this point, God is the only One speaking. Everything, except Adam, came about because of God speaking.
  - v. V. 19 whatever Adam called it, that is what it was.
- b. Proverbs 18:20-21
  - i. [Pro 18:20-21 NASB95] 20 With the fruit of a man's mouth his stomach will be satisfied; He will be satisfied [with] the product of his lips. 21 Death and life are in the power of the tongue, And those who love it will eat its fruit.
- c. Ezekiel 37:1-10
  - i. [Eze 37:1-10 NASB95] 1 The hand of the LORD was upon me, and He brought me out by the Spirit of the LORD and set me down in the middle of the valley; and it was full of bones. 2 He caused me to pass among them round about, and behold, [there were] very many on the surface of the valley; and lo, [they were] very dry. 3 He said to me, "Son of man, can these bones live?" And I answered, "O Lord GOD, You know." 4 Again He said to me, "Prophesy over these bones and say to them, 'O dry bones, hear the word of the LORD.' 5 "Thus says the Lord GOD to these bones, 'Behold, I will cause breath to enter you that you may come to life. 6 'I will put sinews on you, make flesh grow back on you, cover you with skin and put breath in you that you may come alive; and you will know that I am the LORD." 7 So I prophesied as I was commanded; and as I prophesied, there was a noise, and behold, a rattling; and the bones came together, bone to its bone. 8 And I looked, and behold, sinews were on them, and flesh grew and skin covered them; but there was no breath in them. 9 Then He said to me, "Prophesy to the breath, prophesy, son of man, and say to the breath, 'Thus says the Lord GOD, "Come from the four winds, O breath, and breathe on these slain, that they come to life."" 10 So I prophesied as He commanded me, and the breath came into them, and they came to life and stood on their feet, an exceedingly great army.
  - ii. The miracle happened when Ezekiel spoke.
- d. Mark 11:22-23
  - i. [Mar 11:22-23 NASB95] 22 And Jesus answered saying to them, "Have faith in God. 23 "Truly I say to you, whoever says to this mountain, 'Be taken up and cast into the sea,' and does not doubt in his heart, but believes that what he says is going to happen, it will be [granted] him.
  - ii. Genitive Masculine Singular every other time "of". "Have the faith of God."

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- iii. "...what he says is going to happen, it will be [granted] him." WOW!
- e. Romans 4:16-17
  - i. [Rom 4:16-17 NASB95] 16 For this reason [it is] by faith, in order that [it may be] in accordance with grace, so that the promise will be guaranteed to all the descendants, not only to those who are of the Law, but also to those who are of the faith of Abraham, who is the father of us all, 17 (as it is written, "A FATHER OF MANY NATIONS HAVE I MADE YOU") in the presence of Him whom he believed, [even] God, who gives life to the dead and calls into being that which does not exist.
  - ii. God did it and so did Abram when he introduced himself as Abraham.
- f. 2 Corinthians 4:13
  - i. [2Co 4:13 NASB95] 13 But having the same spirit of faith, according to what is written, "I BELIEVED, THEREFORE I SPOKE," we also believe, therefore we also speak,
- g. James 3:2-12
  - i. [Jas 3:2-12 NASB95] 2 For we all stumble in many [ways.] If anyone does not stumble in what he says, he is a perfect man, able to bridle the whole body as well. 3 Now if we put the bits into the horses' mouths so that they will obey us, we direct their entire body as well. 4 Look at the ships also, though they are so great and are driven by strong winds, are still directed by a very small rudder wherever the inclination of the pilot desires. 5 So also the tongue is a small part of the body, and [yet] it boasts of great things. See how great a forest is set aflame by such a small fire! 6 And the tongue is a fire, the [very] world of iniquity; the tongue is set among our members as that which defiles the entire body, and sets on fire the course of [our] life, and is set on fire by hell. 7 For every species of beasts and birds, of reptiles and creatures of the sea, is tamed and has been tamed by the human race. 8 But no one can tame the tongue; [it is] a restless evil [and] full of deadly poison. 9 With it we bless [our] Lord and Father, and with it we curse men, who have been made in the likeness of God; 10 from the same mouth come [both] blessing and cursing. My brethren, these things ought not to be this way. 11 Does a fountain send out from the same opening [both] fresh and bitter [water?] 12 Can a fig tree, my brethren, produce olives, or a vine produce figs? Nor [can] salt water produce fresh.
  - ii. Bits, rudder, sparks. They start change. Words start change.
  - iii. No one is perfect.

### II. Seven practical ways to walk this out every day.

- a. Changing your life with your words is a process. It starts something.
- b. You will need to follow up with action.
- c. Focus on yourself. You are not the confession police.
- d. Stay at peace. We all mess up. Just change your confession. This is not a Linus and Great Pumpkin situation.
- e. To control your words starts with changing the thought life.
- f. Write out Scripture promises you want to declare.
- g. Don't constantly talk about things you don't want. Jesus said you can have what you say.
- God wants us to change our speaking by understanding the importance of our words and believing that our words are part of the process for us to see the miracles He has for our lives.