

Peace VS Push and Pull

[Phi 4:6-7 NASB] 6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

- A steering wheel needs constant attention and direction. So, it is with understanding how to stay in a state of peace. A lack of peace in your life and mind will hinder you and make you less affective.
- There is a constant push on us or pull on us. Life is either putting something on us or taking something out of us.

How do we stay in peace during the push and pull of life?

Philippians 4:6-7 gives vital information for staying in peace during the push and pull of life.

I. The Problem against Peace.

- A. Be anxious for nothing
- B. Written in command form as opposed to option.
- C. [Mat 6:25, 27-28, 31, 34 NASB] 25 "For this reason I say to you, do not be worried about your life, [as to] what you will eat or what you will drink; nor for your body, [as to] what you will put on. Is not life more than food, and the body more than clothing? ... 27 "And who of you by being worried can add a [single] hour to his life? 28 "And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, ... 31 "Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?' ... 34 "So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own.
- D. Worry and anxiety are an enemy, not an old friend.
- E. Until we see worry and anxiety as a problem, it will remain.

II. The Path to Peace

- A. ... but in everything by prayer and supplication with thanksgiving let your requests be made known to God.
- B. Care and prayer are as mutually opposed as fire and water [BENGEL].
- C. Prayer - Hey, God – prayer pattern, daily prayer, worship
- D. Supplication - Please, God – specific and emergency requests,
- E. Thanksgiving - Thank You, God ([1Th 5:18 NASB] 18 in everything give thanks; for this is God's will for you in Christ Jesus.)
- F. [2Ki 19:14 NASB] 14 Then Hezekiah took the letter from the hand of the messengers and read it, and he went up to the house of the LORD and spread it out before the LORD.
- G. The point is prayer is all forms is the path to peace.

III. The Power of Peace

- A. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.
- B. The source – of God ([Jhn 14:27 NASB] 27 "Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.)

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- C. The type of peace – which surpasses all comprehension ([1Co 2:9 NASB] 9 but just as it is written, "THINGS WHICH EYE HAS NOT SEEN AND EAR HAS NOT HEARD, AND [which] HAVE NOT ENTERED THE HEART OF MAN, ALL THAT GOD HAS PREPARED FOR THOSE WHO LOVE HIM.")
 - D. The mission of peace – will guard your hearts and your minds ([1Pe 1:5 NASB] 5 who are protected by the power of God through faith for a salvation ready to be revealed in the last time.)
 - E. The connection of peace – in Christ Jesus ([Isa 26:3 NASB] 3 "The steadfast of mind You will keep in perfect peace, Because he trusts in You.)
- **Peace is the antidote to the anxiety of life and is obtained by refusing to accept anxiety, prayer, and faith in Christ.**