

Bye To Your Bondage: How To Stop Living A Sad, Broken, Unhealthy Life?
[1Jo 1:9 NASB] 9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

- Ash Wednesday. Repentance that results in the Kingdom of God becoming our reality.
- [Mat 4:17 NASB] 17 From that time Jesus began to preach and say, "Repent, for the kingdom of heaven is at hand."
- The Kingdom of God is righteousness, peace and joy in the Holy Spirit. (Romans 14:17)
- Wholeness. Being healthy in our spirit, soul, and body. (1 Thess. 5:23)
- Can we really become the whole and healthy people of God we read about?
- Yes!

How do we tap into the redemptive work of Jesus dying on the cross so that we can become whole and healthy of God?

I John 1:9 gives us the path to total wholeness and freedom.

I. He is.

- a. The focus is on Him. He is our Source and Savior!
- b. Faithful – you can trust Him. No question. No second guessing Him.
- c. Righteous (Just) – equitable, fair. He will forgive you. If He has forgiven anything, He will for give you. He is no respecter of persons. He loves all of us, including you.

II. If we.

- a. Confess – (ὁμολογῶμεν – same speaking or saying)
 - i. Say what He says it is. We have the same opinion on the sin as He does.
 - ii. Its ongoing. This is not a one-time event. It is present and active.
- b. Our sins – we missed His mark. It's a big deal.
 - i. Personal – my sin. I miss the mark.
 - ii. Everyone – everyone misses the mark. Just as you miss it, others do as well. Forgive them as you want God to forgive you.

III. Potentially yours.

- a. Conditional or subject to what we do. (ἵνα – so that, in order that)
- b. Forgive our sins. Free us from the penalty of our sin.
- c. Cleanse from all unrighteousness.
 - i. Heal – frees us from the influence of error!
 1. [Mat 8:2 NASB] 2 And a leper came to Him and bowed down before Him, and said, "Lord, if You are willing, You can make me **clean**."
 2. [Mat 10:8 NASB] 8 "Heal [the] sick, raise [the] dead, **cleanse** [the] lepers, cast out demons. Freely you received, freely give.
 - ii. Results
 1. Disconnects you from the devil and the curse.
 2. Reconnects you to God, His power and His blessing.
- d. Your continual confession taps you into a continual freedom.

- Because He is faithful and fair, when we continually confess our sins to Jesus, we receive forgiveness from God, and He sets us free from the source of our brokenness.
- Live a life of confession to walk in continual and progressive freedom.